

Health, Food and Diseases Related MCQ

1. Sunlight provides

- Vitamin B
- **Vitamin D**
- Vitamin A
- Haemoglobin

2. What is chemically called ascorbic acid is commonly known as?

- Antacid
- **Vitamin C**
- Vitamin B Complex
- Antibiotic

3. Vitamin which plays a role in blood clotting:

- A
- D
- E
- **K**

4. Lack of Vitamin D will cause

- Night blindness
- Beri-beri
- **Rickets**
- Loss of reproductive power

5. Deficiency of Vitamin A in the diet leads to

- Rickets
- **Blindness**
- Beri-beri
- None of these

6. Anaemia is caused due to the deficiency of

- **Iron**
- Carbohydrates
- Vitamin C
- Proteins

7. Sterility is generally caused by the deficiency of

- Vitamin A
- Vitamin B12
- **Vitamin E**

- Vitamin K

8. Human Genome Project endeavours to:

- **Decode DNA**
- Invent AIDS treatment
- Study evolution of human
- Study finger prints

9. Kwashiorkor is caused by deficiency of

- Vitamin E
- **Protein**
- Fats
- WBCs

10. The disease scurvy is caused by the deficiency of Vitamin

- A
- D
- **E**
- C

11. Diabetes is caused by the deficiency of

- Vitamin A
- Vitamin C
- **Insulin**
- Glucose

12. _____ is caused due to the deficiency of Vitamin-K:

- Rickets
- Scurvy
- Anaemia
- **Continuous bleeding**

13. Anaemia in man is caused due to the deficiency of

- Vitamin C
- **Vitamin B12**
- Vitamin A
- Vitamin D

14. Bacterial diseases are found in

- Plants
- Animals
- Humans
- **All the above**

15. The deficiency of Niacin causes

- Goitre
- Kwashiorkor
- Marasmus
- **Pellagra**

16. Vitamin-A prevents

- Rickets
- Beri-beri
- **Night-blindness**
- Polio

17. Vitamin Which will increase one's resistance to infection is

- A
- B
- **C**
- D

18. Which of the following vitamins and deficiency diseases is NOT correctly matched?

- Vitamin A : Night blindness
- Vitamin B : Beri-beri
- Vitamin D : Deformities in bones
- **Vitamin K : Scurvy**

19. Which of the following has maximum calorific value?

- **Carbohydrates**
- Fats
- Proteins
- Vitamins

20. Which one of the following has the highest protein content?

- Apple
- Spinach
- **Bread**
- Pea

21. Cow milk is a rich source of

- **Vitamin A**
- Vitamin B
- Vitamin C
- Vitamin D

22. “Palak” leaves are rich in

- Vitamin A
- Vitamin D
- **Iron**
- Carotene

23. Which of the following is the richest source of Vitamin-A?

- Banana
- **Egg**
- Apple
- Orange

24. Which of the following is/are a rich source of iron?

- Egg
- **Green vegetables**
- Pulses
- Milk

25. Which one of the following acids is present in Vitamin C?

- Citric acid
- **Ascorbic acid**
- Lactic acid
- Folic acid

26. Ready source of energy is available for athletes in

- Vitamins
- Fats
- Proteins
- **Carbohydrates**

27. Milk contains all the vitamins EXCEPT

- Vitamin A
- Vitamin C
- Vitamin B
- **Vitamin D**

28. The nutrients that are essential for synthesis of haemoglobin would include

- Calcium, Phosphorus and iron
- **Vitamin A and Proteins**
- Vitamin B12, Iron and folic acid
- B Vitamins and iron

29. Pyridoxine is a chemical name of

- Vitamin B12
- **Vitamin B6**
- Vitamin A
- Vitamin K

30. Starch and sugar together are named as

- **Carbohydrates**
- Fats
- Proteins
- Antibodies

31. In man, Carbohydrates are stored in:

- Muscles
- **Liver and Muscles**
- Liver
- Kidney

32. Which of the following vitamins may be given during radiotherapy treatment?

- Vitamin B1
- **Vitamin B6**
- Vitamin B12
- Vitamin K

33. The diet Should be rich in which of the following to overcome the deficiency in Vitamin D?

- **Eggs and dairy products**
- Fresh vegetables
- Whole grain cereals
- Citrus fruits

34. Heart patients should avoid taking

- Proteins
- **Fats**
- Vitamins
- Carbohydrates

35. Which of the following is indispensable for the growth of teenagers?

- Carbohydrates
- **Proteins**
- Vitamins
- Fats

36. Which of the following has the highest protein content?

- Wheat
- Egg
- Milk
- **Soyabean**

37. Guava is a rich source of

- Vitamin C
- Vitamin D
- **Vitamin A**
- Calcium

38. The deficiency of which constituent in our food causes goitre?

- Water
- Vitamin C
- **Iodine**
- Calcium

39. Deficiency of calcium causes:

- **Rickets**
- Scurvy
- Gigantism
- Pellagra

40. The mineral responsible to control heart beat is:

- Sulphur
- **Sodium**
- Potassium
- Iron

41. Of the following, the best source of protein is

- **Fish**
- Beans
- Apple
- Butter

42. An adult feeding totally on milk could be deficient in

- Magnesium
- **Iron**
- Carbohydrate
- Protein

43. Deficiency of vitamin C in the body can cause the gums in the mouth to bleed. The disease is known as

- **Scurvy**
- Night blindness
- Rickets
- Goitre

44. Which of the following food materials contains phosphorus?

- **Onion**
- Mango
- Meat
- Egg Yolk

45. Mineral essential for the coagulation of blood is:

- **Potassium**
- Magnesium
- Calcium
- Sodium

46. In cooking food, the compounds lost to the maximum extent are

- Fats
- Carbohydrates
- Proteins
- **Vitamins**

47. Which of the following is the best source of Vitamin A?

- **Carrot**
- Potato
- Rice
- Tomato

48. Which one of the following chemical elements is essentially present in proteins?

- Magnesium
- **Nitrogen**
- Phosphorus
- Sulphur

49. Urine of a diabetic contains an excess of

- **Sugar**
- Urea
- Uric acid
- Albumin

50. Milk is a mixture of

- Fats and water
- Carbohydrates and water
- **Carbohydrates, fats and water**
- Carbohydrates, fats, proteins and water

51. Which of the following has been eradicated worldwide?

- Cholera
- **Chickenpox**
- Cataract
- Smallpox

52. What good thing happens to our body when we expose ourselves to sun rays?

- **Sunlight produces Vitamin 'D' in our body**
- Sunlight produces perspiration
- Sunlight produces heat in our body
- Sunlight decreases blood pressure

53. How much blood does a healthy adult human being possess?

- **4-5 litres**
- 10-15 litres
- 15-20 litres
- 20-25 litres

54. The percentage of Plasma in total blood volume in human beings is about

- 45
- 50
- **55**
- 60

55. In how many groups can human blood be divided?

- 3
- 5
- 2
- **4**

56. Blood vessels that bring blood back to the heart are called

- **Veins**
- Pulmonary veins
- Coronary arteries
- Pulmonary arteries

57. The germs of diseases which enter into blood are destroyed by

- Platelets
- **White blood corpuscles**
- Red blood corpuscles
- Capillaries

58. Which is the universal donor blood group?

- A
- B
- **O(-ve)**
- AB

59. A man with blood group A can receive blood from persons having blood groups

- **A,O**
- A,B,O
- A,AB,B
- A,B

60. A person's blood will NOT have any antibodies if it is

- A
- B
- O
- **AB**

61. Which of the following is NOT a recognized blood group?

- A
- B
- **BC**
- AB

62. Which of the following is fundamentally the Rh factor?

- A form of anaemia
- A hormonal reaction
- A Vitamin deficiency
- **An antigen-antibody reaction**

63. In blood transfusion, blood of donor and receiver must be compatible not only in blood groups, but also in

- Number of red blood cells
- Number of white blood cells
- **Rh factor**
- HIV positive factor

64. 20% of total volume of blood is stored up in the

- Heart
- **Liver**
- Lungs
- Spleen

65. Life of a/an RBC in human blood is

- 30 days
- **120 days**
- 15 hours
- None of these

66. Blood group of an individual is controlled by

- Haemoglobin
- Shape of RBCs
- Shape of WBCs
- **Genes**

67. Red blood corpuscles (RBCs) are formed in the

- Liver
- Kidneys
- **Bone marrow**
- Small intestines

68. The main function of White Blood Corpuscles (WBCs) in the body is

- To carry food
- To carry oxygen
- **To protect the body against diseases**
- To help exhaust waste product

69. Haemophilia is a hereditary disease carried by

- Females and expressed by females
- Males and expressed by females
- Males and expressed by males
- **Females and expressed by males**

70. "Haemophilia" means failure of the

- Heart to contract
- Kidney to filter
- **Blood to clot**
- Stomach to digest

71. Antibodies is the name given to

- Harmful bacteria
- Poisonous substances
- Viruses that cause infection
- **Substances formed in the blood that inhibit or destroy harmful bacterial attacks**

72. A drug that prevents infection and decay is called a/an

- Antiseptic
- Anti-malarial drug
- Germicide
- **Analgesic**

73. Penicillin is given to a patient in order to

- Cure hereditary diseases
- Cure all diseases
- Prevent any rise in body temperature
- **Prevent the growth of several types of disease causing bacteria**

74. Which one the following is given to a typhoid patient of common typhoid?

- Chloroquin
- Vitamin-A
- **Chloromycetin**
- Sulphur

75. Penicillin is used as

- A Vitamin
- A hormone
- An antipyretic
- **An antibiotic**

76. Dialysis is used in the case of patients suffering from

- Heart problems
- **Kidney problems**
- Respiratory diseases
- Neurological disorders

77. Which one of the following is the modern tool for imaging brain tumors?

- X-rays
- **Magnetic resonance**
- Electron spin resonance
- Ultrasound

78. Which of the following is NOT a waterborne disease?

- Cholera
- **Influenza**
- Typhoid
- Amoebiosis

79. Of the following diseases which occurs usually from sexual contact?

- **AIDS**
- Abscess
- Diphtheria
- Rabies

80. Which one of the following is a communicable disease?

- Cancer
- Diabetes
- **Diphtheria**
- Rheumatism

81. A continuous exposure to which one the following can lead to deafness?

- **Noise pollution**
- Water pollution
- Soil pollution
- Air pollution

82. Water pollution is caused by

- Sodium Chloride
- Calcium Carbonate
- Molasses
- **Industrial Waste**

83. What are the basic units from which human spare parts can be created?

- Nerve cells
- **Stem cells**
- Heart cells
- Kidney cells

84. Which of following is a viral disease?

- Cancer
- Cholera
- TB
- **Smallpox**

85. Lockjaw i.e., difficulty in opening the mouth is a symptom of

- **Tetanus**

- Plague
- Cholera
- Diphtheria

86. Alcoholism leads to deficiency of

- Minerals
- Carbohydrates
- **Vitamins**
- Proteins

87. Disease caused by physical contact with the sick person, is called

- Infectious disease
- **Contagious disease**
- Congenital disease
- Degenerative disease

88. Which one of the following is an example of hereditary disease?

- AIDS
- **Haemophilia**
- Syphilis
- Xerophthalmia

89. All of the following diseases are caused by viruses, EXCEPT

- Jaundice
- Influenza
- **Typhoid**
- Mumps

90. The infectious disease which is not spread directly from one person to another is

- Diphtheria
- **Tetanus**
- Measles
- Pulmonary tuberculosis

91. AIDS is caused by

- **HIV**
- HPLC Virus
- Bacteria
- Deficiency of vitamin K

92. Which of the following diseases is caused by air pollution?

- Leukaemia

- **Bronchitis**
- Rheumatism
- Goitre

93. Bronchitis is a disease of

- Blood
- Bladder
- Liver
- **Respiratory tract**

94. Hepatitis is a disease of the

- Eyes
- **Liver**
- Kidney
- Heart

95. Spondylitis concerns

- Brain
- **Backbone**
- Lungs
- Spinal cord

96. Leukaemia is a condition of the

- Liver
- Kidney
- **Blood**
- Digestive system

97. Conjunctivitis is a disease of the

- Liver
- **Eyes**
- Heart
- Kidneys

98. Pyorrhoea is a disease of the

- Throat
- **Teeth**
- Lungs
- Liver

99. In which organ of the human body is insulin produced?

- Liver
- **Pancreas**

- Kidneys
- Arteries

100. The disease trachoma is related to the

- Mouth
- Eyes
- Throat
- Ear

101. The organ of the body which is mainly damaged in hepatitis, is

- Kidney
- Spleen
- Liver
- Lung

102. Leprosy is caused by

- Bacteria
- Virus
- Protozoan
- Helminth

103. Which of the following diseases after striking once creates lifetime immunity?

- Smallpox
- Diabetes
- TB
- Jaundice

104. Heart attack occurs due to

- Bacterial attack on the heart
- Stopping of heartbeat
- Lack of blood supply to the heart itself
- Impairment of heart's working due to unknown reasons

105. Which of the following is NOT a viral disease?

- Chickenpox
- Smallpox
- AIDS
- Gonorrhoea

106. Which of these is NOT an infectious disease?

- TB
- Malaria

- Cholera
- Measles

107. Pneumonia is caused by

- Virus
- Fungi
- **Bacteria**
- Algae

108. Which is the most fast spreading disease?

- Malaria
- **Plague**
- Poliomyelitis
- Leprosy

109. The disease NOT caused due to allergy is

- Asthma
- Hay fever
- Eczema
- **Paralysis**

110. AIDS can spread by

- **Blood donors**
- Handshake
- Eating together
- None of the above

111. The disease caused by asbestos is

- **Emphysema**
- Paralysis
- Diarrhoea
- Dysentery

112. Polio is caused by

- Bacterium
- Fungus
- **Virus**
- Insects

113. Common cold is caused by

- **Virus**
- Protozoa
- Fungi

- Bacteria

114. Mumps are caused due to/a

- **Virus**
- Bacteria
- Mosquito
- Fungi

115. Which of the following diseases is generally spread by fleas?

- Smallpox
- Tetanus
- **Typhus**
- Yellow fever

116. Athletes's foot is

- A specific footwear for athletes to prevent them from spraining their feet
- **An allergic skin rash**
- A common fungus infection that attacks the skin between the toes
- A kind of eczema

117. Blood cancer is otherwise called

- Leucoderma
- **Leukaemia**
- Erythroemia
- None of the above

118. Cancer cells are more easily damaged by radiation than normal cells because they:

- Are different in structure
- Are non-dividing
- Are starved by nutrition
- **Are undergoing rapid division**

119. Common name of 'Hansen' disease is

- **Leprosy**
- Tuberculosis
- Typhoid
- Smallpox

120. Which of the following is an airborne disease?

- Rabies
- Plague
- Cholera

- **T.B.**

121. Which one of the following is a genetic disorder?

- Bronchitis
- Night blindness
- Osteoporosis
- **Sickle cell anaemia**

122. Biological death of a patient means death of the tissue of the

- Lungs
- Heart
- **Brain**
- Kidneys

123. The adult skeleton consists of

- 108 bones
- **206 bones**
- 208 bones
- 406 bones

124. 'Thalassemia' is a hereditary disease affecting

- Kidneys
- Lungs
- **Blood**
- Heart

125. Which one of the following is INCORRECT?

- Malaria – Mosquito
- **Smallpox- Bacteria**
- Typhoid- Fungi
- Cholera- Water

126. Floods hazard health through the spread of

- **Cholera**
- Malaria
- Influenza
- Diarrhoea

127. Epilepsy is a disease of the

- Respiratory system
- **Nervous system**
- Heart
- Skin

128. Heart disease is mainly caused by the high intake of

- Cholesterol
- Sugar
- Proteins
- Starch

129. Which of the following is NOT transmitted by mosquitoes?

- Malaria
- Dengue
- Infective hepatitis
- Filariasis

130. Which of the following is a genetically transmitted disease?

- Astigmatism
- Colour blindness
- Long sight
- short sight

131. If a person cannot clearly see objects nearer than 75cm from his eyes, which condition of the eye is he suffering from?

- Astigmatism
- Colour blindness
- Myopia
- Hypermetropia

132. A boy suffers from colour blindness. He has acquired this character from his

- Father
- Mother
- Both father and mother
- None of these

133. A woman who weighs 45 kg and whose work involves a lot of physical exertion needs about

- 3500 calories per day
- 2800 calories per day
- 3700 calories per day
- 3000 calories per day

134. Balanced diet may be defined as

- The diet which is rich in protein and energy
- The diet which contains all the food substances in correct proportion
- The diet which has meat, eggs and fats

- The diet which has low fibre content

135. Amniocentesis is a method for:

- **Determination of foetal health conditions**
- Determination of the amino acid sequence
- Inducing abortion
- Artificial insemination

136. The volume of urine produced by an adult human being in 24 hours is

- 1.00 litre
- **1.5 litres**
- 3.00 litres
- 5.00 litres

137. What does human urine contain mainly besides water?

- **Urea**
- Sugar
- Salt
- All the above

138. Increase of urea in the blood is due to malfunctioning of

- Liver
- Heart
- Small intestine
- **Kidney**

139. Chocolates can be bad for health because of a high content of

- Cobalt
- **Nickel**
- Zinc
- Lead

140. Energy is stored in the liver and muscles in the form of

- **Glycogen**
- Starch
- Fats
- Cholesterol

141. Which energy is most suitable for living system?

- **Solar**
- Potential
- Kinetic
- Chemical

142. Anabolic steroids are used for which of the following?

- **To boost physical energy of sportspersons**
- For the treatment of drug addicts
- To improve memory
- To improve functioning of heart of cardiac patients

143. The human body consists mainly of

- Proteins
- **Water**
- Fats
- Plasma

144. Bile which helps in the digestion of food, is secreted by

- Pituitary
- Stomach
- Pancreas
- **Liver**

145. Bile is stored in the

- Lungs
- Kidneys
- Intestines
- **Gall Bladder**

146. Thought, feelings and perception get distorted when one is under the influence of

- Tranquilisers
- **Hashish**
- Morphine
- Amphetamines

147. Anthrax is one of the most potent biological weapons of the world. It is spread by a single bacterian called

- Bacillus thuricide
- Bacillus anthraturun
- Thiobacillus
- **Bacillus anthracis**

148. The centre which regulates the amount of food we eat situated in

- Stomach
- **Cerebrum**
- Spinal chord
- Hypothalamus

149. How many pairs of ribs are there in the human body?

- **Twelve**
- Fourteen
- Thirteen
- Eleven

150. How many lungs does a human body normally has

- **2**
- 3
- 4
- 1

151. How many sense organs do human beings have?

- **5**
- 4
- 3
- 2

152. Which gland of human body is called 'Adam's Apple'?

- Pituitary
- Adrenal
- **Thyroid**
- Endocrine

153. The application of the principles of genetics to improvement of human race is known as

- **Eugenics**
- Genetic Engineering
- Biotechnology
- Transgenesis

154. 'Biopsy' is a

- Physical study of life in artificial environment
- Medical diagnostic technique using cells and tissues
- **Examination of body after death to determine the cause of death**
- An assessment of life forms in an environment

155. The outer layer of the skin is called

- Dermis
- **Epidermis**
- Enidermis
- Exidermis

156. The operation to sterilize males is called

- Spermectomy
- Gametectomy
- **Vasectomy**
- Hysterectomy

157. Which one of the following is responsible for transfer the genetic information from one generation to the new?

- Codon
- **DNA**
- RNA
- **Messenger RNA**

158. DNA finger-printing is the latest technology used in

- Printing Technology
- Astrology
- **Forensic Science**
- Microbial Genetics

159. In brain, the site of intelligence, memory and emotion is present in

- **Cerebrum**
- Cerebellum
- Medulla
- Hypothalamus

160. Chromosomal abnormalities of an unborn child can be found by a technique called

- CAT scanning
- Ultrasound
- **Aminocentesis**
- Genetic engineering

161. Activities of all living cells are controlled by:

- Chloroplast
- **Nucleus**
- Tonoplast
- Chromosomes

162. The sex of a child is determined by the

- **Chromosomes of the father**
- Chromosomes of the mother
- Rh factor of the parents
- Blood group of the father

163. Which of the following organelles is known as powerhouse of the cell?

- Lysosomes
- Ribosomes
- Nucleus
- **Mitochondria**

164. What useful function does the appendix serve in the human body?

- Blood clotting
- Blood circulation
- Kidney health
- **None**

165. Which is a balanced diet for children under six months of age?

- Meat
- Fish
- Pulses
- **Milk**

166. The most significant ingredient that a body gets through breast feeding is

- Proteins
- **Antibodies**
- Vitamins
- Fats

167. The souring of milk is caused by the action of

- Protozoa
- **Bacteria**
- Viruses
- None of these

168. Which of the following is a starchy food?

- Egg
- Milk
- **Potato**
- None of these

169. Which is the basic constituent of life?

- **Cell**
- Nucleus
- Chlorophyll
- Protoplasm

170. The fat content in milk is reduced during

- Rainy season
- Winter
- **Summer**
- Pregnancy

171. During which season our body needs more fats?

- Summer
- Rainy season
- **Winter**
- Spring

172. Which of the following is an excretory organ of human body

- Liver
- Spleen
- Heart
- **Kidney**

173. Which of the following helps in human digestion?

- Nitric acid
- Sulphuric acid
- Citric acid
- **Peptic acid**

174. Digestion of food starts in the

- **Mouth**
- Liver
- Stomach
- Intestines

175. Which of the following is related to the digestive system?

- Prostate
- Platelets
- Pituitary
- **Pancreas**

176. Saliva converts:

- Proteins into amino acids
- Glycogen into maltose
- **Starch into maltose**
- Fats into vitamins

177. Pasteurisation of milk means:

- Heating of milk to about 100 degree

- Heating of milk to about 62 degree Celsius
- Cooling of milk to about 4 degree Celsius
- **Cooling of milk to about 0 degree Celsius**

178. Which of the following is the common household sugar?

- Glucose
- Galactose
- Maltose
- **Surcose**

179. EEG is related to

- **Brain**
- Heart
- Eyes
- Kidneys

180. When does the heart take rest?

- While you sleep
- Between beats
- During stress
- **Never**

181. The heart of an adult human being beats about

- 50 times per minute
- **72 times per minute**
- 90 times per minute
- 110 times per minute

182. The heart of a normal adult human being weighs about

- 200 grams
- **300 grams**
- 400 grams
- 500 grams

183. A person suffering from which of the following cannot see with clarity the horizontal and vertical lines simultaneously in a grid?

- Myopia
- Hypermetropia
- **Astigmatism**
- Squint

184. The doctor checks the pulse for

- Temperature

- Blood pressure
- **Heartbeat**
- Respiration rate

185. The process of respiration is concerned with:

- Intake of oxygen
- Liberation of oxygen
- Liberation of carbon dioxide
- **Liberation of energy**

186. Respiratory mechanism is controlled by:

- **Central Nervous System**
- Sympathetic Nervous System
- Parasympathetic Nervous System
- Autonomic Nervous System

187. We have four types of teeth. What is the CORRECT order in which they appear in man?

- Premolar, Molar, Canine, Incisor
- Incisor, Premolar, Canine, Molar
- Premolar, Canine, Molar, Incisor
- **Incisor, Canine, Premolar, Molar**

188. Wisdom teeth generally appear in the human beings between

- **17 and 20 years of age**
- 30 and 40 years of age
- 10 and 17 years of age
- 4 and 8 years of age

189. Generally a five-year child has how many teeth?

- 16
- 18
- **20**
- 24

190. How many permanent teeth does an adult human being have?

- 8
- 16
- 24
- **32**

191. The strongest muscles in the human body is

- Thigh

- Wrist
- Finger
- **Jaws**

192. The total number of muscles in the human body is

- 525
- **639**
- 373
- 547

193. The total number of bones in the human skull are

- 8
- 12
- **30**
- 32

194. Which gland in the human body is called the master gland?

- Pancreas
- Thyroid
- **Pituitary**
- Spleen

195. Pituitary gland is present

- **Below the brain**
- Above the brain
- Inside the brain
- Nowhere in the brain

196. Where in the body are the adrenal glands located?

- **Above the kidneys**
- In the brain
- Below the ears
- Under the lungs

197. Which one of the following is found in kidney stones?

- Sodium oxalate
- **Calcium oxalate**
- Sodium chloridz
- Calcium acetate

198. A person with stones in the kidney is advised to avoid

- Lemon
- Vinegar

- **Tomatoes**
- Lentils

199. How many kidneys does a normal human body have?

- 1
- **2**
- 3
- 4

200. At what temperature is the reading the same in both Centigrade and Fahrenheit scales?

- 98.4 degree
- 100 degree
- 100 degree
- **-40 degree**

201. The boiling point of water is

- 90 degree Fahrenheit
- **100 degree Celsius**
- 110 degree Celsius
- 120 degree Fahrenheit

202. 'Euthanasia' means

- State of unconsciousness under anaesthesia
- A post-operative infection
- A condition beyond relieve
- **Mercy killing**

203. The image formed on the retina of the eye is

- **Real and inverted**
- Virtual and upright
- Real and enlarged
- Real and upright

204. The pupil of the eye adjusts automatically for

- Short distance vision
- Colour
- Object of size
- **Amount of light**

205. Triple Antigen treatment for children is toward off

- Whooping cough
- Tetanus

- Diphtheria
- **All the above**

206. The medicine used to fight plague is

- **Tetracycline**
- Quinine
- Streptomycin
- Penicillin

207. Analgesics are used to relieve

- Fever
- **Pain**
- Nervousness
- Anxiety

208. Allergy is treated by

- Analgesics
- Allergen
- Antipyretic
- **Antihistamine**

209. Insulin controls

- Iodine level in the thyroid
- Amount of iron in the blood
- **Level of sugar in the blood**
- Level of urea in the blood

210. Which of these is NOT a kind of fungus?

- Yeast
- Mushroom
- **Insulin**
- Ergot

211. BCG is used to prevent

- Hydrophobia
- Cancer
- Neuralgia
- **Tuberculosis**

212. DPT vaccination is for immunization against

- Diphtheria, Pneumonia and Tetanus
- **Diphtheria, Pertussis and Tetanus**
- Diarrhoea, Pneumonia and Tetanus

- Diphtheria, Pneumonia and Typhoid

213. ATS injection is given to those who have not had any immunisation against

- **Tetanus**
- Tuberculosis
- Tonsillitis
- Typhoid

214. Which of the following diseases is detected by the ELISA test?

- **AIDS**
- T.B.
- Cholera
- Typhoid

215. A special test for detection of tuberculosis is

- Widal's
- Kahn's
- **Montoux'**
- Rebert's

216. Radium is used to cure which disease?

- **Cancer**
- Bright's disease
- Haemophilia
- Typhoid

217. Which one of the following controls the amount of light entering the eye?

- Cornea
- **Iris**
- Lens
- Retina

218. In human body, quantity of water is about

- 10%
- 20%
- **65%**
- 80%

219. Acupuncture is a technique

- To correct a tube puncture
- To subside the pain
- **To cure certain diseases eq. arthritis, Rheumatism etc.**

- For operation and removal of a body part

220. Acupuncture as a form of anaesthesia is common in

- Russia
- India
- Japan
- **China**

221. Which part of the body is affected by arthritis?

- Heart
- Spinal Cord
- Brain
- **Joints**

222. Which was the first country whose scientists succeeded in fertilizing the human embryo in the test-tube?

- USA
- Russia
- **UK**
- Japan

223. Genetics is the study of

- Cell Division
- Reproduction
- Mutations
- **Mechanism of inheritance**

224. Neurology is a science of this system:

- Skeletal system
- Alimentary system
- Circulatory system
- **Nervous system**

225. Physiology is the study of the

- Structure of the body
- Cells in the body
- **Functions of the human body**
- All of the above

226. The normal temperature of the human body is

- 36.9 degree celsius
- **98.6 degree celsius**
- 50.8 degree celsius

- 47.6 degree celsius

227. 'Ayurveda' literally means the

- Science of healing
- **Science of life**
- Treatise on health
- Book of cures

228. The branch of science dealing with the study of human skin is called

- Pathology
- Physiology
- Anatomy
- **Dermatology**

229. Which of the following aids in controlling body temperature?

- Brain
- **Skin**
- Nails
- Stomach

230. A cardiogram is used to trace the

- Growth of plants
- Functioning of lungs
- **Functioning of the heart**
- Defect in the small intestine

231. Foetus development in women's womb can be ascertained by

- CAT scanning
- PTT scanning
- **Sonography**
- None of above

232. The function of a pacemaker is

- Regulation of urine formation
- Regulation of digestion
- **Initiation of heartbeat**
- Initiation of respiration

233. A clone is a colony of

- Cells having different shapes
- Cells having similar shapes
- **Cells having similar genetic constitutions**
- Cells having different genetic constitutions

234. As a person becomes older, his blood pressure generally

- Decreases sharply
- **Increases**
- Varies widely
- Remains the same

235. A normal human being has blood pressure

- 100/200
- 100/90
- **120/80**
- 90/70

236. The metal compound commonly found in Sindhoor or kumkum is based on

- Tin
- Lead
- Copper
- **Zinc**

237. If a cobra bites a human being, the system affected by the venom of the cobra would be the

- **Nervous system**
- Respiratory system
- Excretory system
- Digestive system

238. Mosquitoes identify human bodies by

- Sight
- Odour
- Instinct
- **Heat radiated**

239. The effect of hormones on the body is

- **Stimulation of organs**
- Catalytic functions
- Proper growth
- Coordination of functions of different organs

240. In human body what connects muscles to the bones?

- Ligaments
- **Tendon**
- Cartilage
- Muscles

241. Where in the body is the thyroid gland?

- Chest
- Stomach
- **Throat**
- Neck

242. Which pigment imparts colour to the human skin?

- Keratin
- **Melanin**
- Haemoglobin
- Bile

243. Filtration of wastes from the blood in human body is done by the

- Heart
- Lungs
- **Kidneys**
- Intestines

244. The organ that filters bacteria and foreign particles from the blood in human beings is

- Heart
- Thymus
- **Spleen**
- Liver

245. The Polio virus enters the body through

- Mosquito bites
- Tick bites
- **Contaminated food and water**
- Saliva and secretion from the nose

246. Which of the following enters the human body through skin?

- Tapeworm
- **Hookworm**
- Ringworm
- Threadworm

247. The total number of vertebrae in man is

- 30
- 31
- 32
- **33**

248. To make a movement we need muscles. How many?

- 2
- 1
- 4
- 5

249. Muscles make up a part of a person's body weight. How much?

- 20 per cent
- 30 per cent
- 40 per cent
- 50 per cent

250. Excessive intake of polished rice causes deficiency of

- Vitamin A
- Vitamin B
- Vitamin D
- Vitamin K

Reference(s)

<https://healthhyme.com/health-food-and-diseases-related-mcq-part-1/>

<https://healthhyme.com/health-food-and-diseases-related-mcq-part-2/>
